

RAC Meeting Minutes Region 4 March 9, 2011

Region 4 RAC Meeting 3 09 11 – Ada County Sheriff's Office Day Reporting Center meeting room, Boise

Jared Ball, Dolly Bedal, Chris Bowers, Russ Duke, Gary Edson, Jessica Galloway, Vern Garrett, Dennis Hardziej, Dori Healey, Amy Jeppesen, Sandy Jones, Marianne King, Liz Lovell, Greg Munson, Darren Richman, Tina Sheehy, and Laura Thomas.

Providers Subcommittee met at 9 am. No representatives from H&W central office, BPA or ODP were able to attend the meeting, nor did any of the three groups have updates beyond the last provider subcommittee.

Darren Richman, RAC chair, gave a short update on the March 7, 2011 organizational meeting of the Behavioral Health Interagency Cooperative, established by Executive order 2011-01. Director Armstrong was elected chair of the Cooperative. Darren reported that the participation of RAC members on working groups is desired. He encouraged anyone asked to take part on a working group to accept the opportunity to help shape the future of behavioral health in Idaho. Director Armstrong was said to be passionate about continuing the collaboration and transparency of the work ICSA has accomplished. After ICSA sunsets on June 30, 2011, the Office of Drug Policy will focus efforts on Education and Prevention; the department of H&W will resume authority for funding/budget over site of substance abuse services, with involvement of the Cooperative as needed.

Details of the executive order appear below:

Behavioral Health Interagency Cooperative (Cooperative).

Members of the Cooperative shall be appointed by and serve at the pleasure of the Governor.

The Chair of the Cooperative shall be appointed by and serve at the pleasure of the Governor.

The members of the Cooperative shall include, but are not limited to:

Director, Department of Health and Welfare;

Administrator, Office of Drug Policy;

Director, Department of Correction;

Director, Department of Juvenile Corrections; and

One representative from the State Mental Health Planning Council.

The following representatives from other levels and branches of government shall be invited by the Governor to participate on the Council:

Administrator of the Idaho Courts;

Superintendent of Public Instruction; and

One representative of the counties;

The Cooperative shall:

Work in close coordination with local and state government, the judiciary, and specifically with the Idaho Health Care Council, the Office of the Governor and members of the Senate and House Committees on Health and Welfare;

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Review and confirm recommendations, statewide standards, guidelines, contract templates, core services, and other elements of the behavioral health system as they are developed; Provide input on any draft legislation regarding the transformation of the behavioral health system;

Facilitate transformation efforts as described in the BHTWG Plan for transformation of Idaho's Behavioral health System (October 2010), with consideration for fiscal restrictions in Idaho's budget, current needs of the agencies, and recommendations of the Idaho Health Care Council; Be able to establish workgroups, subcommittees or other structures to address specific issues or to assist in its work;

Produce and present a status report of the Cooperative's efforts to the Office of the Governor on an annual basis beginning on November 1, 2011; and

Meet as necessary and at the direction of the chair.

This executive order shall be effective for two (2) years from the date of signature.

Full RAC Meeting called to order at 10:00 a.m.

Minutes from the January meeting were approved. Brief introductions of attendees were made.

One question arose about the change in service funding for Family and Community Services (FACS) clients, primarily child protection cases. This cases will be moved to Emergency Assistance Temporary Assistance for Needy Families (EA TANF) funding as eligible. This will allow for 90 days of SUDS service from this funding source and does allow for other services (coordinated by the H&W navigators) not covered by SUDS budget. Diverting this client population to alternative funding for 90 days of their treatment will help address the overspend of SUD funds. The transition to this funding source has a bit more complicated than initially thought. This funding stream is only available with involvement with DHW child protection services.

RAC Chair Update – Darren briefly recapped the information discussed at the provider subcommittee meeting for those joining the full RAC meeting.

Regional Director and Projects Update – Laura Thomas reported Ross Mason had indicated he would attend today meeting last week, but schedules change frequently during the legislative session. She did not have any information to share from Ross at this time.

Regional projects included discussion on the scholarship process for ICADD. The decision was made to give preference to active members of the RAC, representatives from all 4 counties, and preference to individuals or groups that have not received support last year. Laura will have the scholarship form posted to the web page by Thursday, 3/10/11. The turn around time will be quick as the early register date is April 4 and fees go up after that date.

The VA Rural Mental Health Care and Peer Support program that will be available in Valley County is looking to hire a veteran for Peer Support and also wants to make veterans in the area aware of the service. See attached information.

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Laura gave an update on the two opportunities to partner with Elmore and Valley County law enforcement and community groups to establish permanent Rx drug drop boxes. Elmore County has accepted the offer and is working on the logistics of the permanent box location. Valley County may already have received a grant to cover the box for only location. Laura will check with each and ask to have funds transferred prior to the end of May.

Laura introduced Jessica Galloway from the Kuna Drug and Alcohol Free Youth Coalition to update the RAC on the Kuna Coalition.

Jessica reported on the Idaho Drug Free Youth presentations made to 75 students and 55 parents. The students are interested in establishing a chapter at Kuna High School after the early March event generated enthusiasm. Jessica will send the written request to the RAC (to Laura) for the \$200 approved at the last meeting for funding the start of an IDFY for Kuna High and extension to the alternative high school in Kuna, when possible. Jessica also gave an update on the progress of the Kuna coalition's formation. There will be an Every 15 Minutes event in April; they will also participate in the national Rx Drug Take Back event on April 30, 2011.

Guest Presentation: Faith Beyer Hansen from Boise State University Service Learning Program presented information on the opportunity to have students contribute to local organizations (non profits and government related). Students work for 20-25 up to 45 hours during a semester, depending on the placement. The program offers a win-win for all involved. For more information, contact Faith at faithbeyerhansen@boisestate.edu or see their web site servicelearning.boisestate.edu

Networking:

Greg Munson reminded everyone that the RFA for evidence-based prevention programs will be out toward the end of March and due in April. Watch Prevention.net for announcements. Greg also mentioned there is a need for family-centered programs. Darren acknowledged Greg as a community service honoree (Region 3 RAC) at the recent Patricia Kempthorne award ceremony sponsored by RACs. Congratulations, Greg!

Jared Ball is a NNU graduate student; he also works at Raise the Bottom, an opiate treatment clinic. Welcome, Jared!

Liz Lovell from Road to Recovery updated the group on the two service areas, Boise and Pocatello. Approximately 50 women are served in the Boise area; Sue Rose Salmon is the DHW liaison to Road to Recovery. They specialize in working with women involved in child protection who have substance use disorders, initially they focused on Meth, but now have a broader client base.

Gary Edson, with Pioneer Health Resources and Allumbaugh House, was invited to have a representative present at the May RAC meeting on the grant received to provide services for mental health clients without insurance.

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Chris Bowers, BSU Student and drug-free advocate, reminded everyone he is interested in speaking to groups about his life experience and recovery.

Marianne King from Drug Free Idaho summarized all the new activity, including receiving a Drug Free Community grant. DFI had added 25 worksites in the last 6 months; coordinates PAYADA groups; will offer a parenting course starting in April; and will have their Starfish Ball on Saturday, March 12, 2011 at the Marriott Meridian (Eagle Road). Tickets are available at the door; entertainment features Christina and Ali Christensen, Idaho natives and finalists on *America's Got Talent*. Tickets are available at the door, \$75 per person or \$125 for couples. Black tie optional. They are planning their national Rx Drug Take Back event for the steps of the state capitol on April 30, 2011.

Russ Duke, director of Central District Health Department attended the meeting for the first time. CDHD programs are focused on prevention. Contact him for opportunities to partner in the substance abuse area.

Sandy Jones invited anyone who works with individuals transitioning from the jail to the community to attend a special event on Tuesday, March 15, 2011 at 2 pm. ACSO is working to establish a best practice program for jail to community reentry. Sandy was thanked for arranging the meeting space and coffee/cookies. Sandy also shared that Chris spoke to a group at Ada County and his presentation was very well received.

Laura Thomas noted that more of her time is now devoted to mental health work in Region 4. She asked for reminders if she doesn't respond to a request for information.

Darren Richman noted that as of the meeting date, all the indications are that substance abuse funding for the next fiscal year is expected to be the best situation possible, although we won't know for sure until the session is over and budgets finalized.

Vern Garrett encouraged everyone to become members of AACT Idaho; AACT Idaho will keep information flowing during the session. AACT is also a vital organization to have for the upcoming Behavioral Health Transformation Cooperative work.

Other members did not have significant changes or program updates to share.

A providers' subcommittee meeting will be scheduled for April and announced via the list serv and RAC web page. Providers will also meet at 9 am prior to the start of the next full RAC meeting on May 11, 2011. Meeting adjourned at 11:45 am.

Peer Support

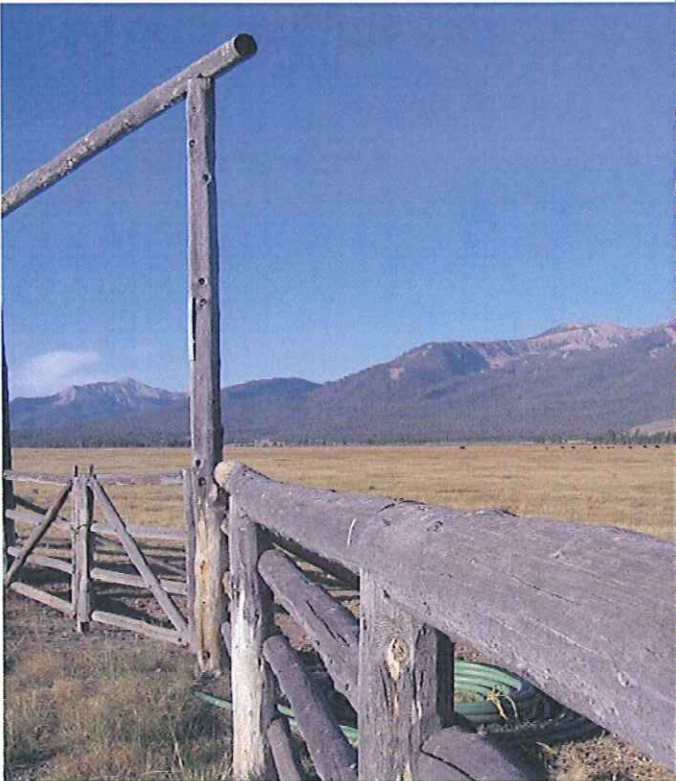
Peer support occurs when people of similar backgrounds come together to share experiences, guidance, and knowledge with one another. Peer support is effectively used in a variety of settings and is an evidence-based tool used in conjunction with mental health and substance abuse treatment.

This program provides Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) Veterans that have a range of mental health conditions and/or substance use disorders with peer support services.

The peer support specialist is, ideally, an OEF/OIF Veteran who is in recovery from substance abuse and/or a mental health condition.

Veterans who participate in the program will be paired with these Peer Support Specialists as they embark on their own recovery.

Peer support is offered separately or in conjunction with outpatient mental health counseling services.



“Veterans living in rural and frontier regions of the country, remote from Vet Centers and community-based specialty mental health providers, may have particularly poor access to mental health care.”

–Rand study: “Invisible Wounds of War”

This program provides peer outreach, peer support and counseling services to Veterans in rural areas. It is designed to answer the rural mental health care challenge identified in the Rand study.

Rural
Mental Health Care
and
Peer Support Services



Contact:

Toll free: (877) 468-3551

Fax: (916) 294-4898

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VA Rural Mental Health Program

The VA Rural Mental Health Program extends mental health services normally offered at VA medical centers and community based outpatient clinics to providers located closer to covered Veterans.

These providers are qualified to serve Veteran’s needs. They ensure quality services through VA training, uphold VA’s security and privacy standards, and help ensure that the VA’s patient record system is updated after each completed visit.

Provider Types

The network of providers includes licensed Psychiatrists, Doctoral Psychologists, Clinical Social Workers (LCSWs), Professional Counselors (LPCs), Marriage & Family Therapists, Advanced Practice Nurses, and Physician Assistants.

To Participate in the Program

To qualify for this program, you need to live in the coverage area of the pilot program (see coverage area) and be an OEF/OIF Veteran receiving care from VA.

Your VA medical center may contact you to determine your level of interest in the program, or you can talk to your existing primary care or mental health provider about participating.

Your VA Medical Center will then provide the referral. You will be contacted about your availability, and your first appointment will be arranged.

If you need assistance with a provider referral or have questions about this program, please contact a Health Net program specialist toll free at (877) 468-3551.

Coverage Area

This is a pilot program designed to provide mental health services in rural counties. The areas currently covered by the program include:

Colorado:

Midwestern Colorado: Montrose, Delta, Gunnison, Ouray, San Miguel, and Hinsdale Counties

San Luis Valley: Alamosa, Conejos, Costilla, Mineral, Rio Grande, and Saguache Counties

Southeastern Colorado: Baca, Bent, Crowley, Kiowa, Otero, and Prowers Counties

Washington/Idaho:

Northeast Washington/Northern Idaho: Adams, Ferry, Grant, Lincoln, Okanogan, Pend Oreille, and Stevens Counties in Washington, and Bonner and Boundary Counties in Idaho

Oregon/Idaho:

Central Idaho/Eastern Oregon: Adams, Gem, Idaho, Lewis, Valley and Washington Counties in Idaho, and Baker and Wallowa Counties in Oregon

Oregon:

North Central Oregon: Gilliam, Grant, Jefferson, Morrow, Umatilla, and Wheeler Counties

Patient Rights and Responsibilities

The Veterans Health Administration (VHA) is pleased you have selected us to provide your health care. We want to improve your health and well-being. We will make your visit or stay as pleasant for you as possible. As part of our service to you, to other Veterans and to the Nation, we are committed to improving health care quality. We also train future healthcare professionals, conduct research, and support our country in times of national emergency.

In all of these activities, our employees will respect and support your rights as a patient. Your basic rights and responsibilities are listed online at:

<http://www.patientadvocate.va.gov/Rights.asp>.

The document includes key provisions on:

- Respect and Nondiscrimination
- Information Disclosure and Confidentiality
- Participation in Treatment Decisions
- Complaints

Please talk with VA treatment team members or a patient advocate if you have any questions or would like more information about your rights.

If you do not have web access and would like a printed copy of the document, or are not completely satisfied with the services you receive under this program, please call (877) 468-3551.



Boise State Service-Learning Program

Service-Learning (SL) staff provide support for the integration of course work with community service. The following resources enhance learning and foster active citizenship.

Community Support

Local organizations tap into a pool of volunteers, potential employees, student idealism, and faculty expertise.

Services to community partners include:

- SL staff focused solely on supporting community partners
- Site visits and individual consultations
- Help in identifying faculty partners
- Orientations to Service-Learning and other campus resources
- Established systems for orienting, scheduling, and tracking students
- Monthly check-ins and on-going troubleshooting
- Website for posting projects, accessing student rosters, and evaluating students

Student Support

Service-Learning offers applied learning experiences, employment networking, and personal relevance to coursework.

Services to students include:

- Online project registration
- Personal support to students in class and onsite
- Transcript notation for Service-Learning course work
- SL evaluations and focus groups to empower students' voices
- Recognition events and exhibitions
- Americorps educational award for extended service commitment
- Job programs with community organizations
- Information on local, national, and international service opportunities

Faculty Support

Faculty report that Service-Learning promotes increased student participation, richer learning experiences, and new research opportunities.

Services to faculty include:

- One-on-one consultation with SL Faculty Liaison
- Sample syllabi and discipline-specific resources
- Faculty development workshops
- Mini-grants and travel funds
- Student leaders to help with SL logistics
- Assistance in developing community partnerships
- Collaboration on grants, research, and presentations

Service-Learning Program

Boise State University
1910 University Drive
Boise, ID 83725-1006
(208) 426-2380 or
servicelearning@boisestate.edu

*Service-Learning is a program
of Boise State University's
Center for Teaching and Learning*



Washington
Campus Compact

For more information
<http://servicelearning.boisestate.edu>